

defining hope

Study Guide



CAROLYN JONES FILM • PRODUCED BY LISA FRANK

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 **AMERICAN NURSES
FOUNDATION**

Video Segment #14

Every Day Is a Special Day (6:54 min.)

www.hope.film/study-guide-videos

For CNE credits: <https://waldenuniversitycne.rievent.com/a/HFRIWF>



Objective

By the end of this video segment, viewers will be able to reflect upon how a health care provider's personal journey can influence, or be influenced by their professional experiences.

Summary

In this segment, Diane Ryan, an RN, describes her personal journey through recurrent ovarian cancer and chemotherapy. She states that her second round of chemotherapy made her very sick and did not work. She explains that she was going to stop treatment, however she was offered a milder regimen that she accepted after considering her young children.

Patients Highlighted

Diane Ryan, young mother, wife, and RN who cares for patients on a hospice unit. She is currently on a third chemotherapy regimen despite her past decision to stop treatment.

Discussion Point

Diane has made it very clear that she is accepting of her own death sometime in the future, but that she wants to be comfortable.

Discussion Question 1

Reflect upon Diane's journey both as a nurse and as a patient. How are her experiences reflected in the decisions she is making in her own cancer battle?

Further Discussion/Points as Needed to Prompt Audience Interaction

Diane is transparent about her level of peace regarding her own possible death, but also her strong desire for comfort at the end of life. Do you think this transparency is helpful or difficult for her husband? Her family? Why or why not?

Discussion Question 2

Do you think that Diane's returning to work is helpful or harmful for maintaining her quality of life?

Further Discussion/Points as Needed to Prompt Audience Interaction

Diane has stated in the past that she loves her job; she has also stated that she has witnessed people with similar diagnoses die from the same illness that she has. What are your thoughts about her return to work?

Suggested Applicability to Nursing Courses and/or to Care Settings

Courses: Palliative/Hospice Care; Introduction to Nursing; Nursing Roles; Home Health/Community Nursing; Mental Health Nursing; and any course focused on communication, spirituality, quality of life, and/or family systems. **Care Settings:** Orientation and/or in-service programs for health care providers in primary, acute, long term, hospice/palliative care, and/or home care settings.

Suggested Congruence with ELNEC® Modules

Palliative Nursing Care; Pain Management; Symptom Management; Ethical Issues in Palliative Care Nursing; Cultural/Spiritual Considerations in End-of-Life Care; Communication; Loss, Grief, Bereavement; Final Hours.

Related Video Segments

#4: I'm Here Now; #9: I'd Rather Be Running.

USING THIS GUIDE

Defining Hope is a one-hour, eighteen-minute film. This guide was developed to stimulate audience reflection, conversation, and interaction. This guide highlights 14 brief video segments so that viewers may watch single segments of the film focused on particular topics.

The individual video segments can be viewed for free at www.hope.film/study-guide-videos

Nurses can receive free contact hours for watching each video segment and completing the evaluation thanks to the generous support of Walden University. Walden University is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. For more information visit www.hope.film/study-guide-videos

Each of the 14 segments is based on the following template:

Segment #1-14, Title, Length: Each segment is numbered, titled, and followed by the approximate length of run time in minutes for that segment.

Objective/s

A minimum of one learning objective is included for each video segment.

Summary

There is a brief overview of the segment followed by a description of the patient or nurse highlighted therein.

Discussion Points

Each summary is followed by a suggested "discussion point" that the speaker/educator may use to initiate conversation or to present more insight into that segment.

Discussion Question/s

Discussion points are followed by a minimum of two discussion questions designed to encourage reflection and discussion among audience members. Questions were developed to stimulate interaction; there are no "right" or "wrong" answers.

Further Discussion/Points as Needed to Prompt Audience Interaction

Discussion questions are followed by further discussion points in the event that the audience

requires more prompting or encouragement to share ideas.

Suggested Applicability to Nursing Courses and/or to Care Settings

This section provides suggested courses (nursing or other), as well as other care settings where educators may find value by embedding particular video segments into curriculum to highlight a point.

Suggested Congruence with ELNEC® Modules

This section provides suggested End-of-Life Nursing Education Consortium (ELNEC)® modules where ELNEC® educators may find value by embedding particular segments into their curriculum. ELNEC® is a national education initiative to improve nursing education on end-of-life care. The project is administered by the American Association of Colleges of Nursing and City of Hope.

Related Segments

Some segments are related to others presented elsewhere in the film. This section provides the titles of any related video segments.

References

If materials or other sources were used within a section, a reference list is provided.

OBJECTIVES

By the end of this film, viewers will be able to:

1. Discuss key factors that affect patient and family decision making about end-of-life care.
2. Differentiate between hospice and palliative care.
3. Compare and contrast the terms sympathy and empathy.
4. Discuss internal conflicts that people may encounter when making decisions about whether to pursue aggressive treatment for life threatening illnesses.
5. Describe the role of the nurse in palliative care/hospice settings.
6. Discuss how family members play a significant role in decision making surrounding care choices.

ABOUT THIS GUIDE

Guide created by Diana Mager, DNP, RN-BC, Associate Professor and Director of Continuing Education, Kanarek Center for Palliative Care for Nursing Education, Marion Peckham Egan School of Nursing and Health Studies.

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The American Nurses Foundation

The American Nurses Foundation is dedicated to transforming the nation's health through the power of nursing. It helps nurses help people by supporting, recognizing and investing in the 4 million nurses across the United States. Learn more about the American Nurses Foundation and recognize nursing excellence at www.givetonursing.org

The Rita & Alex Hillman Foundation

The Rita & Alex Hillman Foundation cultivates nurse leaders, supports nursing research and innovations, and disseminates new models of care—all critical to transforming our health-care system into one that is more patient-centered, accessible, equitable, and affordable; one that delivers the high-quality care patients need and deserve. Learn more about the Rita & Alex Hillman Foundation and our approach to nursing-driven innovation at www.rahf.org

OTHER RESOURCES BY CAROLYN JONES

From the creators of *Defining Hope*, further film and narrative resources about nurses and nurses' care for the seriously ill can be found at:

www.DyingInAmerica.org, an interview project that examines the dying experience through the eyes of nurses.

www.AmericanNurseProject.com, a multimedia initiative to elevate the voice of nurses in this country by capturing their personal stories through photography and film. A portion of all proceeds benefit a scholarship fund for nurse education through the **American Nurses Foundation**.

THE FILM

The full film is available at www.hope.film. A portion of the proceeds from this documentary support programs that advance expertise in palliative nursing practice at the American Nurses Foundation and Jonas Nursing and Veterans Healthcare.

For more information visit www.hope.film